

Antioch Missionary Baptist Church
318 Auburn Ave, Pontiac, Michigan
August 16, 2026 Sunday School Lesson Discussion Points
Bible Studies For Life Series - Young Adult/Adult Class

Essentials For Christian Living
An Outward Focus – Bring glory to God by seeking the welfare of others.
1 Corinthians 10:23-33

- I. 1 Corinthians 10:23-24 (Christians should always seek the good of others)**
A. Jesus Christ made us free from sin's condemnation but that doesn't mean we should now do whatever we want. (vs. 23) (*All sinners: Ro 5:12 GNT*)
Romans 8:1-3 (AMP); Romans 6:22 (NLV); Romans 6:1-4
B. As Christians, we should always seek the good of others more than for ourselves. (vs. 24) (*Jesus is our example: Phil 2:5-8*)
John 13:34-35; Galatians 6:10; Philippians 2:3-4 (AMP)
- II. 1 Corinthians 10:25-30 (Christians should always seek the good of others)**
A. As Christians, we are free to eat whatever foods we like as long as we give thanks to God before we eat. (vs 25-27, 30)
Mark 7:14-19 (CEV); John 6:11 (NLT); 1 Timothy 4:4-5 (CEV)
B. As Christians, we should always seek the good of others more than for ourselves even regarding the foods that we eat. (vs. 28-30)
1 Corinthians 10:20-21 (ERV); Romans 14:16-21 (ERV)
- III. 1 Corinthians 10:31-33 (Christians should glorify God and benefit others)**
A. As Christians, we should strive to glorify God in everything we do. (vs. 31)
Romans 14:8; 1 Peter 4:11; Colossians 3:23
B. As Christians, we should strive to be a benefit to others in everything we do. (vs. 32-33)
Galatians 5:13 (AMP); Luke 10:30-37 (AMP)

Words of Encouragement:

“3 Do nothing from selfishness or empty conceit [through factional motives, or strife], but with [an attitude of] humility [being neither arrogant nor self-righteous], regard others as more important than yourselves. 4 Do not merely look out for your own personal interests, but also for the interests of others.”
Philippians 2:3-4 (AMP)

Next Lesson: A Way To Serve – 1 Corinthians 12:12-24